

JUST A TASTE

Soup's Off

FOUR TAKE-AWAY JOINTS GO LADLE TO LADLE IN A BATTLE OF THE BROTHS. BY JANICE O'LEARY



SOUP KITCHEN Zigo, 1 Broadway, Cambridge, 617-225-2223, zigo.biz

TAKING STOCK This take-away shop sells soup hot (to eat now) and cold (for later); choices change daily, and prices vary, but range between \$3.75 and \$4.50.

MMM, MMM, GOOD The chicken-and-corn chowder (\$4.50) is made with lots of chicken, along with light cream, potatoes, bacon, and red and green peppers. So many peppers, in fact, that diners may approach their recommended daily allowance of vegetables with just one bowl.

BOWLED OVER? Almost. This soup is pretty super, and it gets bonus points for being a healthful choice.



SOUP KITCHEN Souper Salad, 3 Center Plaza, Boston, 617-367-6067, and other locations, soutersaladboston.com

TAKING STOCK In addition to a rotating selection of three or four higher-priced "premium" choices, Souper Salad offers four standard "house" soups and a three-meat chili for \$3.29 (for 8 ounces), \$3.79 (for 12 ounces), and \$4.59 (for 16 ounces).

MMM, MMM, GOOD The carrot-broccoli soup (it's one of the house soups) has a good base, but there are some problems. Like when an 8-ounce cup of it contains just a single broccoli floret, and it's too huge for the spoon.

BOWLED OVER? Far from it.